

2009 Holy Apostles Invitational Meet Boys Track & Field Records

EVENT	Grade 5	Grade 6	Grade 7	Grade 8	MEET RECORD
Softball Throw	Nick Leach St. Alphonsus 164'-6" 2009	Cal Schultz St. Gregory 185'-6" 2009			Cal Schultz St. Gregory 185'-6" 2009
Discus			Jared Revolinski St. John Vianney 98'-4" 2009	Mark Spelman St. John Vianney 111'-3" 2008	Mark Spelman St. John Vianney 111'-3 2008
Shot Put			Michael Silas Holy Apostles 38'-1.75" 2005	Mark Spelman St. John Vianney 43'-9 3/4" 2008	Mark Spelman St. John Vianney 43'-9 3/4" 2008
Long Jump	George Dannenfeler St. Charles 13'-9" 2007	Alec Kocour St. Joan of Arc 15'-2 1/2" 2008	Sean Berendes St. Charles 16'-5 1/2" 2007	Sean Berendes St. Charles 17'-11 1/2" 2008	Sean Berendes St. Charles 17'-11 1/2" 2008
High Jump	Jeremy Dejno Holy Apostles 4'-2" 2003	Joey Wurm Waukesha Catholic 4'-8" 2008	Tom Sage Holy Apostles 5'-5" 1999	Andy Wanta St. Dominic 5'-6" 2007	Andy Wanta St. Dominic 5'-6" 2007
100 Meter	Matthew Lechner Waukesha Catholic 14.07 2009	Alex Vlaj Holy Apostles 13.62 2008	Ethan Jaynes St. Luke 12.49 2007	Ethan Jaynes St. Luke 11.99 2008	Ethan Jaynes St. Luke 11.99 2008
200 Meter	Lance Dzubinski St. John Vianney 29.62 2004	Brad Kocour St. Joan of Arc 28.33 2007	Sean Berendes St. Charles 25.77 2007	Ethan Jaynes St. Luke 24.62 2008	Ethan Jaynes St. Luke 11.99 2008
400 Meter	Alec Kocour St. Joan of Arc 1:06.83 2007	Brad Kocour St. Joan of Arc 1:05.61 2007	Sean Berendes St. Charles 59.08 2007	Sean Berendas St. Charles 57.37 2008	Sean Berendas St. Charles 57.37 2008
800 Meter	Joe Novak Waukesha Catholic 2:41.03 2008	Jack Scaduto St. Gabriel 2:27.78 2005	Daniel Lopez Nativity Jesuit 2:21.37 2009	Ben Bierman St. Charles 2:13.31 2009	Ben Bierman St. Charles 2:13.31 2009
Cross Country Race	Joe Jeruc Holy Apostles 6:21.40 2008	Ben Bierman St. Charles 5:34.00 2007	Alex Hansen St. Matthias 5:26.00 2007	Kieran Gilbert Waukesha Catholic 5:15.00 2007	Kieran Gilbert Waukesha Catholic 5:15.00 2007
4 x 100 Meter Relay (400)	Kevin Julitz Matt Merz Nick Cianciolo Lance Dzubinski St. John Vianney 1:00.88 2004	Joey Grandelis Andy Wanta Jonathan Lehman Joe Hecks St. Dominic 59.12 2005	Connor Kelly Sean Berendes Ryan Adamski Quinton LaFluer St. Charles 54.37 2007	John Christianson Ryan Adamski Quinton LaFleur Sean Berendes St. Charles 50.24 2008	John Christianson Ryan Adamski Quinton LaFleur Sean Berendes St. Charles 50.24 2008
4 x 400 Meter Relay (1600)	Nick Hafer Jacob VanHoof Wade Heckendorf Eric MIsna St. Dominic 5:04.12 2005	Jordan Meyer Michael Gilbert Peter Kolb Daniel Sly St. John Vianney 4:44.30 2009	Tim Shore Sam Spence Chad Hanish Noah Lenz Waukesha Catholic 4:20.16 2005	Tom Bina Luke Quadracci Eric Udovich Codi Lister Waukesha Catholic 4:01.00 2005	Tom Bina Luke Quadracci Eric Udovich Codi Lister Waukesha Catholic 4:01.00 2005