

# Holy Apostles Track

March 24, 2010

Volume 13: Issue 1

## A FEW DATES TO REMEMBER

April 17: Waukesha Catholic Indoor Meet  
April 24: Pius Indoor Meet 8th Gr. Only  
April 24: St. Matthias Indoor  
May 1: St. Leonard Relay's  
May 1: The Phoenix Invite  
May 2: Dual Meet vs. Waukesha Catholic.  
May 7 & 8: St. Dominic Invite  
May 14 & 15: Holy Apostles Invitational Meet  
May 21 & 22: Greater Waukesha Track Championships  
May 27: Track Awards Night

## Parents

Hosting a track meet is a lot of work if a small number of people volunteer to help coordinate, plan for and work at it. Right now, we need parents to step forward and help with pre-meet duties. For example, ordering trophies and ribbons for our meet or coordinating the volunteer list for the meet. Working a shift at the HA Track Meet is considered "gym duty" if your child participates in the HA Track Program.

You can volunteer for the duties above and/or schedule you HA Track Meet "gym duty" at the Parents meeting

## Track Parents Meeting

Thursday, March 25, 2010  
HA Gym, 6:30 –7:30 PM

Don't forget your CALENDAR to mark down dates.

## Track Uniforms

Royal Blue HA Track T-Shirts are required team attire. HA hooded sweatshirts and sweatpants are optional. T-shirts are available for purchase at the parents meeting. Other apparel can be ordered at that time.

**Note:** The first track meet is April 17. The time frame for ordering apparel is short. Order Early!  
Please consider ordering at the Parents Meeting!

## First Track Practice

Monday, March 29th

At the HA Gym— 5:30—7:00 PM

## 5th & 6th Grade Girls Teams:

**These teams are still in need of a coaching staff.**

Moms and dads please give some heavy thought to stepping forward to help your young athletes. The track season is 8 weeks short.

## Holy Apostles Invitational Meet

MAY 14th & 15th

AT CATHOLIC MEMORIAL High School

## Track Yearbook & Team Picture Night

Tuesday, April 15th.

Johnson Hall, 5:30-7:00 PM

Picture Schedule:

5<sup>th</sup> grade boys: 5:30

5<sup>th</sup> grade girls: 5:40

6<sup>th</sup> grade boys: 5:50

6<sup>th</sup> grade girls: 6:00

7<sup>th</sup> grade boys: 6:10

7<sup>th</sup> grade girls: 6:20

8<sup>th</sup> grade boys: 6:30

8<sup>th</sup> grade girls: 6:40

Parents, athletes, and coaches please show up 15 minutes before your scheduled time for pre-staging.

## HA Athletics Web Site

New Records and Top Performers List for 2009 will be posted later this week. Check it out.



GO CHARGERS

## Track is: Team Commitment

Hello athletes, parents and coaches,  
As of this publication, we have approximately 116 boys and girls signed up for track—looks like loads of fun are just around the corner. As you can see in the center column we still need coaches for our 5th and 6th grade girls teams.

Everyone, please remember! Old Man Winter has not retired for the year yet, and may show up at any time. Please have your athlete dress appropriately in layers. They can always take off their extra clothing if the weather warms up!

We have been invited to 10 meets this year, but we will not be able to accept all invitations due to conflicts with other meets.

The Track Handbook is ready and up to date with all the new records and Top Performances List from last year.

The fun will commence NOW!

Miles Thompson  
Head Track Coach