

# Holy Apostles Track

April 14, 2010

Volume 13: Issue 3

## A FEW DATES TO REMEMBER

April 17: Waukesha Catholic Indoor Meet  
April 24: Pius Indoor Meet 8th Gr. Only  
April 24: St. Matthias Indoor  
May 1: St. Leonard Relay's  
May 1: The Phoenix Invite  
May 2: Dual Meet vs. Waukesha Catholic.  
May 7 & 8: St. Dominic Invite  
May 14 & 15: Holy Apostles Invitational Meet  
May 21 & 22: Greater Waukesha Track Championships  
May 27: Track Awards Night

## Parents

Please remember and remind your child that the coaches are responsible for the well being and safety of your child during practices and meets. The kids are to be under the constant supervision of the coaching staff, and are not allowed to go off on their own for any reason whatsoever. Non-compliance will result in being removed from the team.

## HA Meet

### Volunteer Sign-up

Please contact Sandy Roback at 262-547-5527 to sign up for duty. Call soon to get a position and time slot you would like to work.

## Waukesha Catholic Indoor Meet

Saturday, April 17, 2010  
At Waukesha South High School  
401 East Roberta Ave.  
8:00 AM thru 4:00 PM

This meet is run exhibition style, with no team scoring and features running events only. The meet's signature event is the "All-Grade Relay". Please come and cheer for your child as well as our school.

## Track Uniforms

Royal Blue HA Track T-Shirts are required team attire. HA hooded sweatshirts and sweatpants are optional. T-shirts are still available for purchase at practice and team picture night. Other apparel can be ordered at that time.

**Note:** The first track meet is April 17. The time frame for ordering apparel is short. Order Now!

## Holy Apostles Invitational Meet

MAY 14th & 15th  
AT CATHOLIC MEMORIAL High School

## Track Yearbook & Team Picture Night

Thursday, April 15th.  
Johnson Hall, 5:30-7:00 PM

### Picture Schedule:

5<sup>th</sup> grade boys: 5:30  
5<sup>th</sup> grade girls: 5:40  
6<sup>th</sup> grade boys: 5:50  
6<sup>th</sup> grade girls: 6:00  
7<sup>th</sup> grade boys: 6:10  
7<sup>th</sup> grade girls: 6:20  
8<sup>th</sup> grade boys: 6:30  
8<sup>th</sup> grade girls: 6:40

Parents, athletes, and coaches please show up 15 minutes before your scheduled time for pre-staging.

Due to much confusion and lost and/or missing photo envelopes, the Athletic Board has decided to cover the cost of one team picture for each athlete.

## Lost and Found

I've started a "lost and found" box and will have it at practices. If you're missing something, check with me.



GO CHARGERS

## Track is: "All-School Relay"

Hello athletes, parents and coaches,  
On Monday, we had our first practice of the season at Catholic Memorial and the weather was a bit rainy and chilly and I noticed a number of kids not dressed for the conditions.

Saturday brings us the Waukesha Catholic Indoor, the first meet of the year. This meet is considered a "super practice meet". The older grades go first so the younger kids can see how things are done. The meet will have a very large number of athletes in a confined space, so it will be loud and confusing. Make sure your child keeps an eye on the coach. They will have lots of time for running and talking with their friends. I've also noticed in the past the kids make lasting friends with kids from other schools.

We will continue to have special High Jump practices after school until the high schools decide to put the pits out when the weather gets better.

Miles Thompson  
Head Track Coach