

Holy Apostles Track

May 5, 2010

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A FEW DATES TO REMEMBER

May 7 & 8: St. Dominic Invite
May 14 & 15: Holy Apostles Invitational Meet
May 21 & 22: Greater Waukesha Track Championships
May 27: Track Awards Night

St. Dominic's Invite

Friday May 7th and Saturday May 8th,
Brookfield East HS
3305 N. Lilly Road
Brookfield
Friday 5-8PM
Saturday 9AM-4:30PM
Signature event:
The Coaches 4 x 100M Relay
EMTs will be on stand-by!

HA Meet Event Crew Training

MAY 6th... 6:30-7:30 PM... HA Gym
Please read information below.

Dual Meet vs. Waukesha Catholic

The results were very disappointing. We finished a distant second. Waukesha Catholic owned us .
Waukesha Catholic finished with 465 points and took the Traveling trophy home with them.
We finished with 307 points.

Golden Phoenix Results

The sun was out and the temperature was great! Wasn't it nice to get the first sunburn of the season? Meet officials do not release overall champions as well as grade level results, but we did have some Top Performance efforts.
For the Girls-Katie Swofford (7th) -400M
For the boys-Tommy Garza (7th) -100M; Chris Setzke (8th) -800M;
Quinn Farrell (6th) -1600M, 400M & Long Jump;
Andy Stekiel (5th) & Ryan Potts (6th) - Long Jump.
Tony Balistrieri set a new 7th grade boys record in the Shot Put with a distance of 38'-10.75"
Congratulations Tony!



GO CHARGERS

Track is: Staying Dry

Hello athletes, parents and coaches,
Our HA Meet is in two weeks; it's time to get your knee pads out and start praying for fantastic weather! If you think facing the east will help, please do. The weather predictions for St. Dom's meet this weekend are not too promising ...remember to put an umbrella and a poncho in the car. But remember, this is Wisconsin, the weather can change hourly!
Miles Thompson

Holy Apostles Invitational Meet Volunteer Duty List

Time has passed to make conflict changes thru Sandy Roback. We have to publish the volunteer list with what we have at this time. If you have a conflict, please go to the HA Track Invitational web site and check the on-line volunteer list and then call someone else on the list to trade or switch—just like volleyball and basketball Gym Duty. If you make a trade or switch, please let Sandy Roback know.

To find the web site, start with "hanb.org", click on school "Athletics", click on Athletics "Track and Field" and click on HA Invitational Meet.

HA Meet Crew Training

Please go to the Track web site to check what duty you have been assigned.

The list will cover what DAY, TIME, POSITION, EVENT AREA and brief description of the event duty you have been assigned. If you have the time to stop by the Gym on THURSDAY ...please do!...we will give you a quick training session covering your assigned event and you will be on your way. This pre-meet training will make your Meet Day assignment go much more smoothly. On the day of the meet, please check in at the Blue HA Chargers Tent across from the tower concession stand.